

# Martial Arts Talk

Conversations with  
Leading Authorities  
on the Martial Arts

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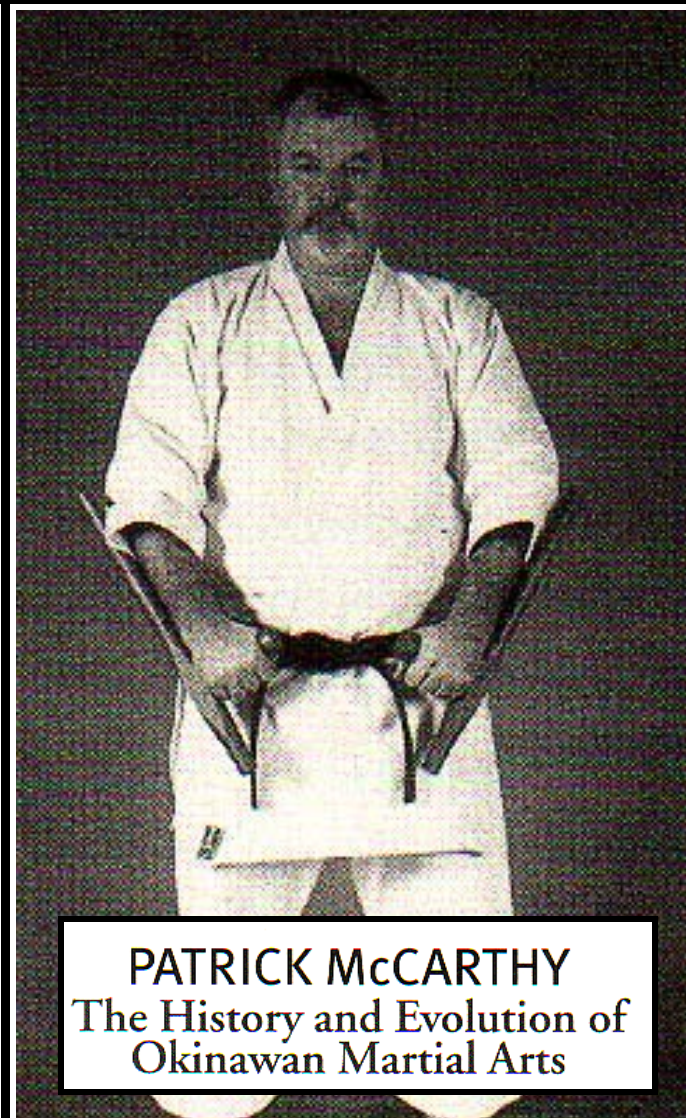
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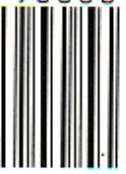
**PATRICK MCCARTHY**  
The History and Evolution of  
Okinawan Martial Arts

*Patrick McCarthy is well known as an authority on the history of the fighting traditions of Okinawa. A student of karate for over thirty years, McCarthy has been awarded a 7th dan, kyoshi, teaching license from the Dai Nippon Butokukai. He has also studied t'ai chi ch'uan and White Crane, Hung Gar, Monk Fist, and Five Ancestor Fist kung fu. As a result of the influence of his mentor, Richard Kim, McCarthy undertook the study of karate's history and philosophy that engages him to this day. His research has taken him to Japan, China, Taiwan, and Hong Kong to interview and train with the world's most famous masters of karate and kung fu. Among McCarthy's credits as an author and translator are The Bible of Karate: Bubishi and the two-volume Ancient Okinawan Martial Arts: Koryu Uchinadi. A native Canadian, McCarthy was born and trained in Japan for a decade, Patrick McCarthy now resides in Australia, where he administers a college-level degree program in martial arts when not traveling the world to teach and continue his research.*

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