



The International Ryukyu Karate Research Society's

# Photo Album

## 2008



# International Ryukyu Karate Research Society



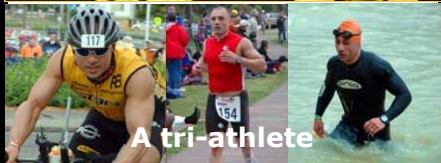
**Brisbane Koryukan Seminar with Frank Barca ...**  
*"He's the complete KU package" - PM*



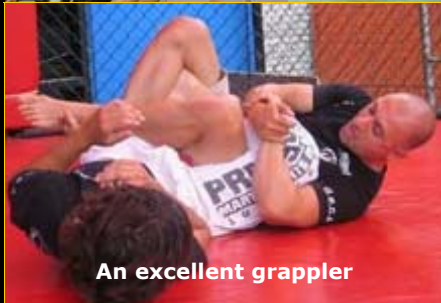
The Consumate Teacher



Excellent Kobudo



A tri-athlete



An excellent grappler

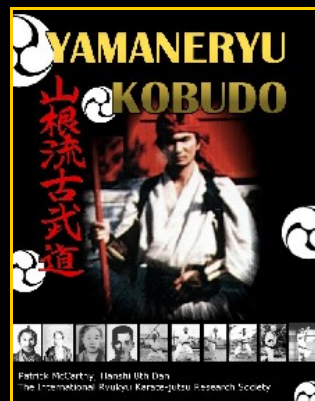
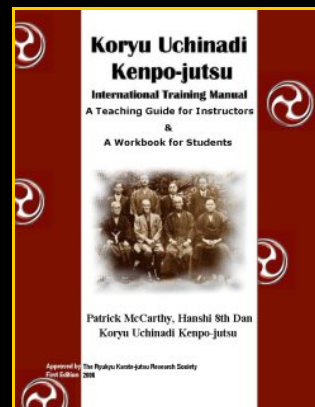
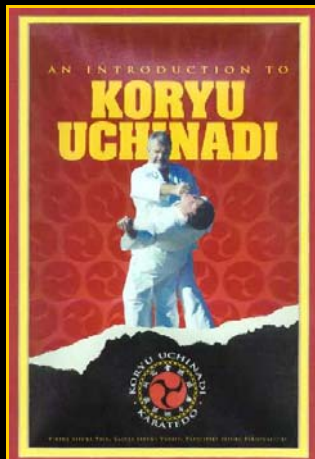


A man who seeks out the best



Endorsed by McCarthyHanshi

**Date:** 11/12 Oct  
**Time:** 11 till whenever [both days]  
**Place:** Brisbane Koryukan  
**Address:** Unit 3B #30 Duntroon St., Brendale 4500  
**Costs:** \$35 for one day \$50 for both  
**More info:** [bujin@koryu-uchinadi.com](mailto:bujin@koryu-uchinadi.com)



"Patrick McCarthy is the foremost Western historian of karate-do." —Fighting Arts International

後亭採標手勝  
後背伏虎手敗

# BUBISHI

THE CLASSIC MANUAL OF COMBAT

羅漢播身手勝  
手足齊到敗

Translated with Commentary by  
**Patrick McCarthy**

# Rakan Ken

The Original Shaolin Fighting Art

## Koryu Uchinadi Kenpo Jutsu



古流神傳

## Melbourne Koryukan Honbu Dojo



New Zealand Shibuchō  
Shihan Steve McLellan



The International KU Gasshuku was a wonderful success this year and my thanks to Barca Sensel who did a marvelous job hosting it.



Preparing for their UFC debut are three top KU instructors



Denise Scherzer and Melissa Gillick working Tanbo-jutsu



Aaron Jones Bob King & Adam Convery



# Melbourne Gasshuku



Sensei Frank Barca working with Bill Johansen



Dwayne Marinucci



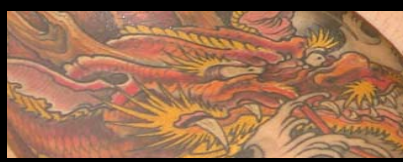
Congratulations to Steve Samra on receiving his KU Yudansha



Sensei Barca working Nage-waza with his Josh Pecastaing



The "KU" Cage



Aaron Jones and Renshi Phyllis



KU senior Instructors  
Renshi Kurt Graham [NZ] Sensei Frank Barca [Oz] Renshi Don Ouellette [CDN] and Sensei Steve McLellan [NZ]



Grappling? No skin off my butt says Sensei Phil Beale...only my face :-)



Lecture and training



The obligatory instructor's R&R: Sensei Brett Hall [NZ], Wolfgang Vogel [Oz], Sensei Johnny 'The Rocket' Kennedy [NZ] and Sensei Phil Beale [NZ]



Frank Barca's been traveling overseas to train with some of the best ground fighters in the world [Top to bottom] Randy Couture, Rigán Machado, Bas Rueten Eddie Bravo

Sensei Barca will soon be teaching seminars for all interested KU dojo

**KU Renshi/Dr. Jeremy Arnold, and his lovely wife Koula, stopped by the house the other day to show off their son, Owen.**



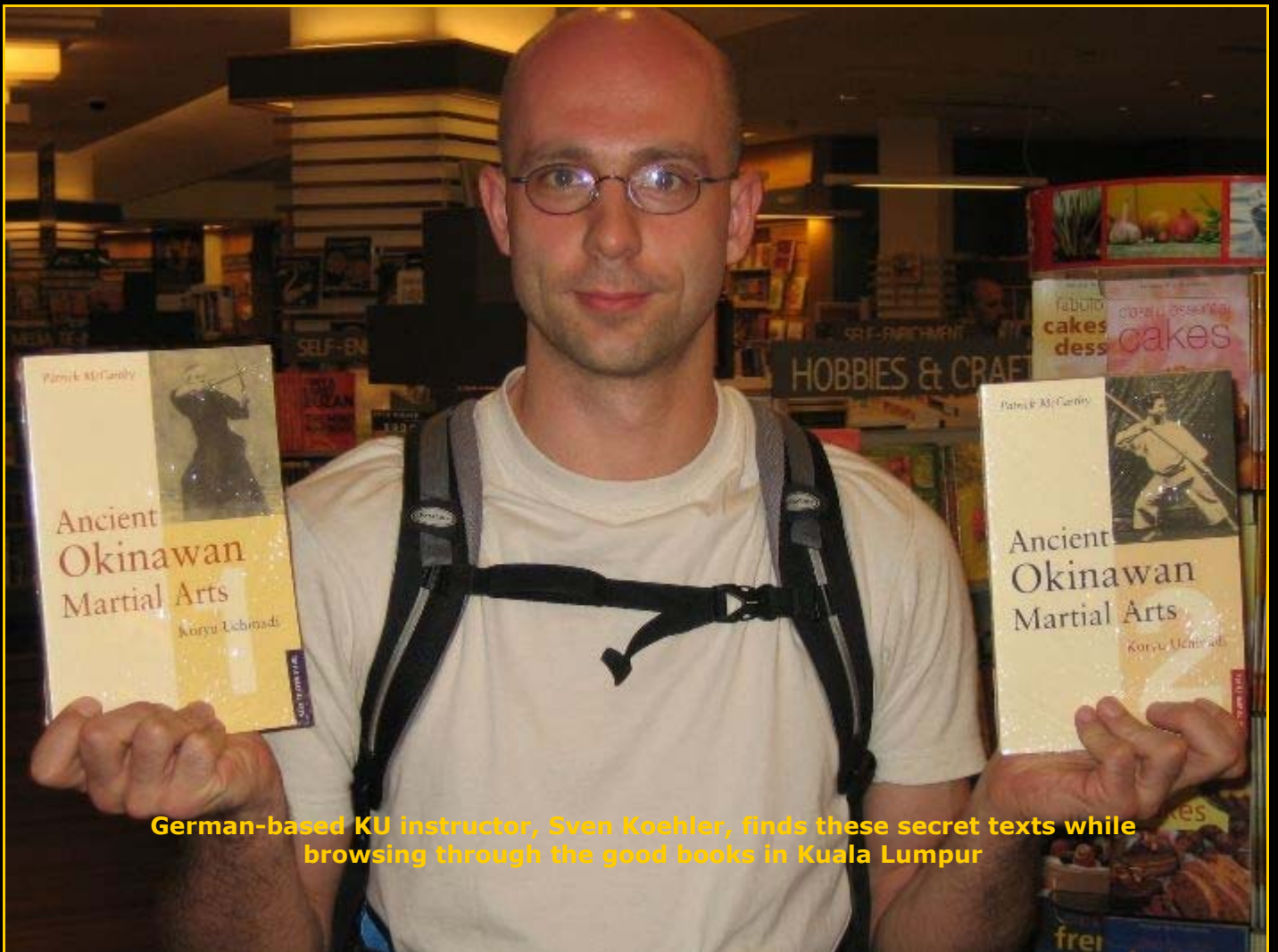
**Italian IRKRS member, Paolo Gasbarri, and his son Simone at their dojo**



**The Sakamoto family try a new training idea**



**IRKRS Estonia  
Tartu Budo Club  
Andreas Kankur**



**German-based KU instructor, Sven Koehler, finds these secret texts while browsing through the good books in Kuala Lumpur**



**Sensei Mark Tankosich in Hiroshima**

Toronto KU Study Group 2008



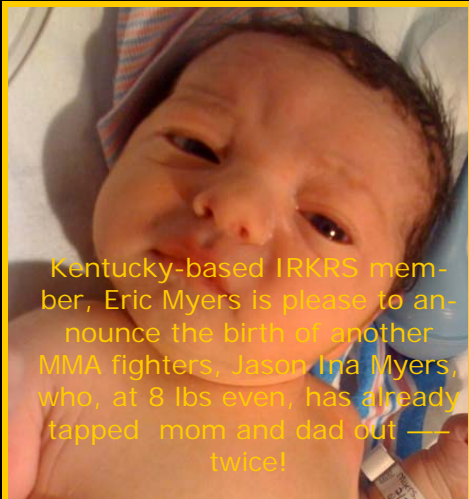
Congratulations to Irish KU award recipients from both NUIG & GMIT. Seated to the far left is Sensei Damien Costello, and to the far right is Sensei Damien Walker, shibucho for Ireland



Patrick McCarthy & his son, Taylor



Sifu James Tan dropped in for a visit while visiting from Stuttgart, where he's now residing.



Kentucky-based IRKRS member, Eric Myers is please to announce the birth of another MMA fighters, Jason Ina Myers, who, at 8 lbs even, has already tapped mom and dad out — twice!



Roland Gill

Patrick McCarthy

Steve Fekete

Andy Woodard

Celebrating Steve Fekete's 60th birthday in Canberra



Cody Stewart in the EU with Dr. Ludovic de Cuyper



Sensei Bobbi Snyder RIP



Sigung Ron Day RIP



Soon-to-be new parents Johnny Kennedy and his lovely partner Samantha



Jonathon Hourigan enjoys KU application practices on the Gold Coast



Working with Kyoshi Robert Hutchinson on the Sunshine Coast



Sunshine Coast Seminar



Gold Coast Seminar



**Shuri Naha Ko Zu** (Shuri and Naha Port; Eight-Paneled Screen) - Artist unknown

This eight-paneled screen was presented as a gift to the feudal lord of the Satsuma clan by the Ryukyu king. The screen depicts Shuri Castle on the right half. On the left half are tribute ships returning from China and dragon-boat races welcoming their return. Merchant ships, dugout canoes, ships of the Satsuma clan and a vessel from a foreign country are also portrayed. It is an interesting painting explicitly displaying a representation of the past.



A very happy father, sensei Ron Sheyan dances with youngest daughter Johanna in Cuba at her wedding in May.  
**Congratulations**



**Renshi Chris Mazzali** showing off his big catch of the day in WA



**Sensei Heiko Bittmann** demonstrates excellent form in Osaka at the annual Iai Championship



**Sensei Sam Moledzki's** enjoying a moment at his place on Pigeon Lake—LG "Life is Good"



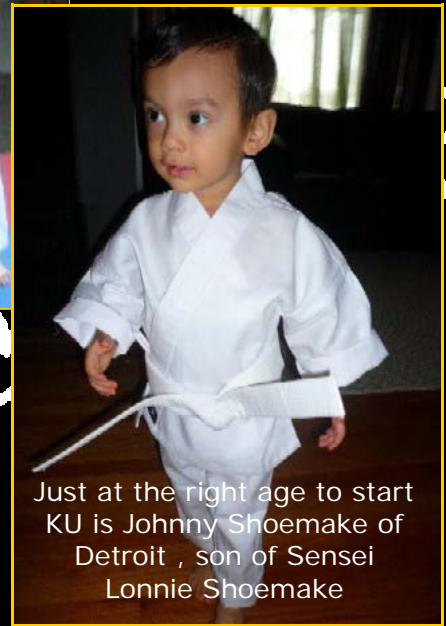
**Renshi Jason Griffiths' seminar** in Adelaide at Dave Rigby's dojo



Renshi Jason Griffiths' instructor's self-defence workshop at the Goju-Kai Dojo Shingokan in Mt Gambier



A happy Otterstaetter family minus one



Just at the right age to start KU is Johnny Shoemake of Detroit, son of Sensei Lonnie Shoemake



Ama Guro Raffy Pambuan receives special recognition certificate from senior IRKRS Dallas member, Guro John Bain, as Aaron, and his famous brother, Chuck Norris flank them

Two very special people; Fernando Feito Juarez and his lovely partner, Lola — expecting their first child soon



Shidojin Jim Sindt's Naihanchi Seminar in Copenhagen



Spanish IRKRS member, Rui Pereira, enjoys a moment with Mabuni Kenei during a recent seminar in Spain.



Above: Germany IRKRS member and KU student, Thomas Honel, pays his respects at the Funakoshi monument in Kita Kamakura at the Enkakuji.



Below: Sensei Honel at Shureido's martial arts store in Okinawa with owner, Mr. Nakasone.



Toronto KU Study Group



Michael Coombes working with & Carsten Haustein in Toronto



Gyaku Zencutsu-datchi just prior to its full extension



Rebecca Greco working with partner David Carter



Above... ↑  
Sensei Ron Sheyan, walking his youngest daughter, Johanna, to the alter, on the beaches of Veradero, Cuba, where she married Mike McKinnon



Frank Barca Verlin Koch

Canadian KU stylist, Verlin Koch of Alberta, visits Melbourne honbu dojo



Estonia seminar with KU Renshi, Ante Brannbacka

On Ko Chi Shin  
温故知新  
正統堂



Swiss Karate sensei, Nicolea Bialokur and his students



Renshi Chris Mazzali teaches his first KU seminar in Perth, WA



Renshi Mazzali with seminar sponsors [and brothers] Nenad and Dan Djurdjevic



# Spain Seminar

**BUBISHI**  
La Biblia del  
**Kárate** 武備志

Según la edición Inglesa de  
**PATRICK McCARTHY**,  
con sus notas y comentarios

The Spanish translation of the Bubishi  
attracted many seminar participants



Italian IRKRS member, Paolo Gasbarri [left], with Michael Sandoval [a Filipino-American residing in Madrid], traveled all the way from Rome to participate in our first Spanish KU seminar



Following the success of the seminar, sponsor Fernando Feito Juarez has established our first KU study group in Spain



McCarthy Hanshi with Spanish sponsor, and new KU supporter, Fernando Feito Juarez

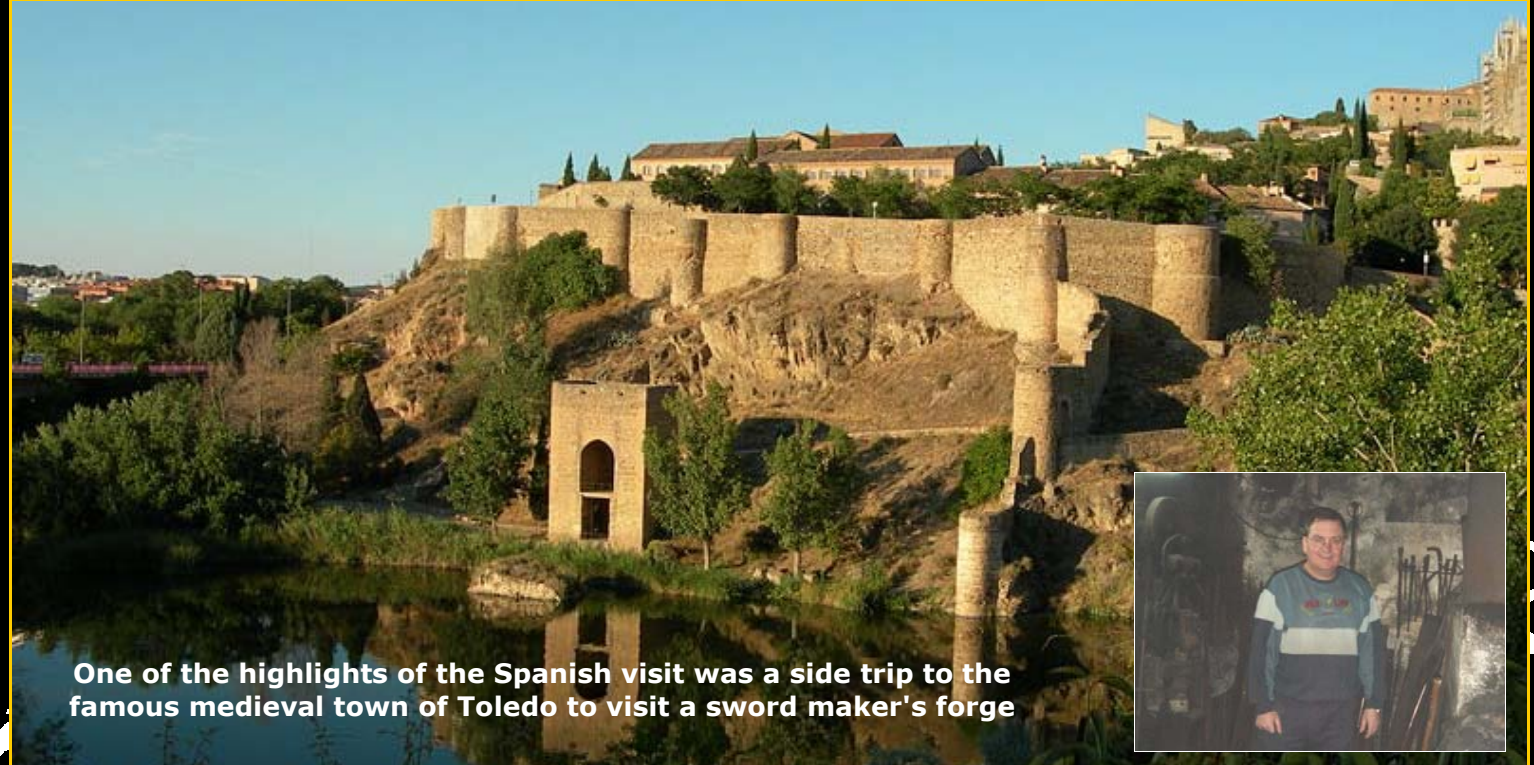


A recent KU convert, Spain's David Fernandez has attended seminars in the USA, Germany, and the Netherlands



Nearly recovered from his recent leg surgery, Freddy Laseure traveled all the way from Belgium to participate in the first Spanish KU seminar

Spain's first KU seminar



One of the highlights of the Spanish visit was a side trip to the famous medieval town of Toledo to visit a sword maker's forge





Monaghan [Ireland] seminar with Fergal McKenna & Seamus Brady



Cork [Ireland] seminar with Paul Allan

Seamus Brady

Fergal McKenna

Damien Walker

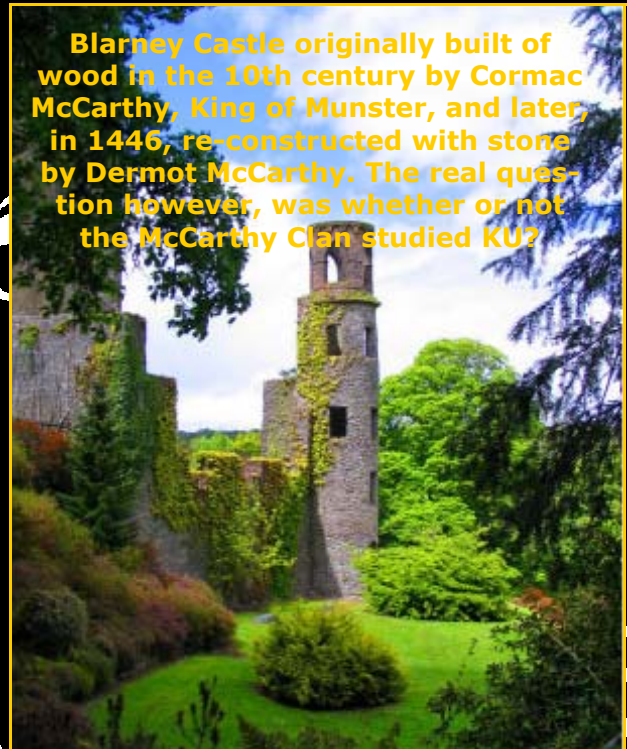
Hanshi

Paul Allan

Damien Costello



It's been decided that McCarthy's Bar, in Cork, will be the official meeting place for all KU-related activities in Ireland



Blarney Castle originally built of wood in the 10th century by Cormac McCarthy, King of Munster, and later, in 1446, re-constructed with stone by Dermot McCarthy. The real question however, was whether or not the McCarthy Clan studied KU?



Chesham Seminar with Ashley Croft



Middlesex University with Steve Coupland



Essex seminar with Steve Quinn





Wycombe seminar with Terry Wingrove



An evening at Bisham Abby with Terry Wingrove



Sussex University seminar with Zoltan Dienes



Mersyside seminar with Terry Wingrove

Hassloch Germany



古流神道

[www.koryukan-hassloch.de](http://www.koryukan-hassloch.de)



Peter Wolf demonstrates yoko-geri



Sven Khoeler working with Olaf Krey during his KU shodan examination in Hassloch



Informal training at the Hassloch KU dojo

# 古流沖繩手拳法術 Renshi Olaf Krey

**KU 5th Dan  
IRKRS Shibuchō  
Germany**



Congratulations to German Shibuchō, Renshi Olaf Krey, who received his Godan from Hanshi McCarthy after his evaluation in Veldhoven, The Netherlands.

**Congratulations to Sensei Jan Kraayvanger who just completed building the brand new and full time Koryukan honbu dojo, in Veldhoven, The Netherlands. The 2008 European KU Gasshuku was held here.**



**The Koryu lounge complete with leather furniture**



**You've heard of cutting the ribbon? How about slicing the belt? Jan, his lovely wife Annie, and Hanshi used a live katana to cut through the belt during the Grand Opening of the Koryukan honbu dojo in Veldhoven**

**More photos of the Koryukan dojo official opening and European KU gasshuku can be located here**

- <http://www.koryu-uchinadi.nl/photos.php?id=22>
- <http://www.koryu-uchinadi.nl/photos.php?id=23>
- <http://www.koryu-uchinadi.nl/photos.php?id=24>
- <http://www.koryu-uchinadi.nl/photos.php?id=25>
- <http://www.koryu-uchinadi.nl/photos.php?id=26>
- <http://www.koryu-uchinadi.nl/photos.php?id=27>



**Honoured guests of the Grand Opening**



European Gasshuku participants 1



European Gasshuku participants 2



Koryukan open seminar participants



Congratulations to Belgium's Nico Goigne who received his KU Shidoin recognition



古流沖繩手拳法術

Special thanks to Renshi Kurt Graham & Renshi Olaf Krey who did an excellent job assisting Hanshi deliver the European KU Gasshuku

**KU Renshi  
Kurt Graham  
New Zealand**

**KU Renshi  
Olaf Krey  
Germany**



**Slovakia**  
Skalica Seminar



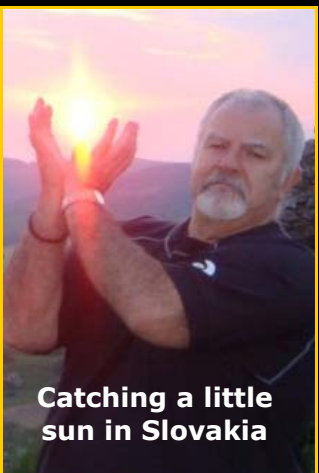
Renshi Kurt Graham  
as the new Prince  
of Mongolian



**Sensei Martin Klásek**

**Hanshi McCarthy**

**Shihan Martin Čulen**



**Catching a little  
sun in Slovakia**



**Senica Dojo**



**Slovakia is also a place of great beauty**

Middle Island [NY] seminar with Jerry Figgiani



Middle Island [NY] seminar with Jerry Figgiani



Sean Smith & his lovely fiancée, Carolina



Sensei Darrin Johnson was a great help assisting Hanshi at the Middle Island seminar



Brad Wells [left] working Kenny Lehrer



Sensei Julio Estevez checking Sean Smith's reverse sleeper ...nicely done Sean!



Middle Island [NY] seminar with Jerry Figgiani



# Florida welcomes McCarthy Hanshi



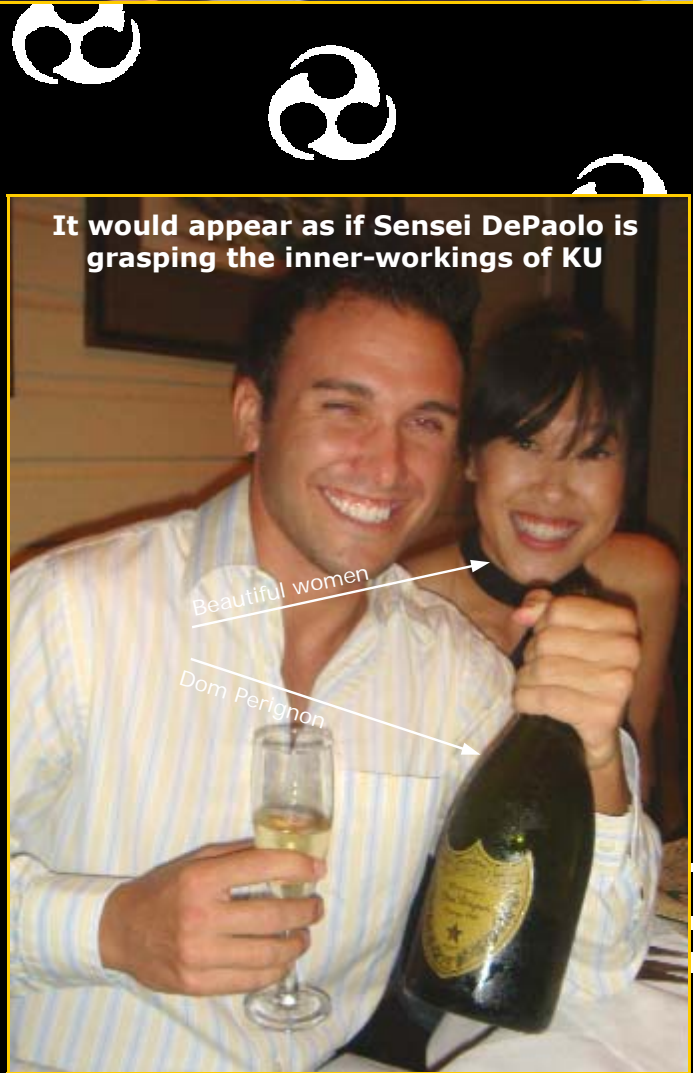
Captain Dave Newland is a KU Mudansha and runs the Cape Coral dojo with Nick DePaolo



Verella Dougherty working with Steve Ofria



American Shotokan Karate Federation president, Sensei Richard Gould, 9th Dan, dropped by the Cape Coral seminar to visit McCarthy Hanshi



It would appear as if Sensei DePaolo is grasping the inner-workings of KU

Beautiful women

Dom Perignon

Cape Coral seminar with Nick DePaolo



A former world-class sport karate competitor, Florida's Sensei Nick DePaolo received his KU ShidoIn licence in June.



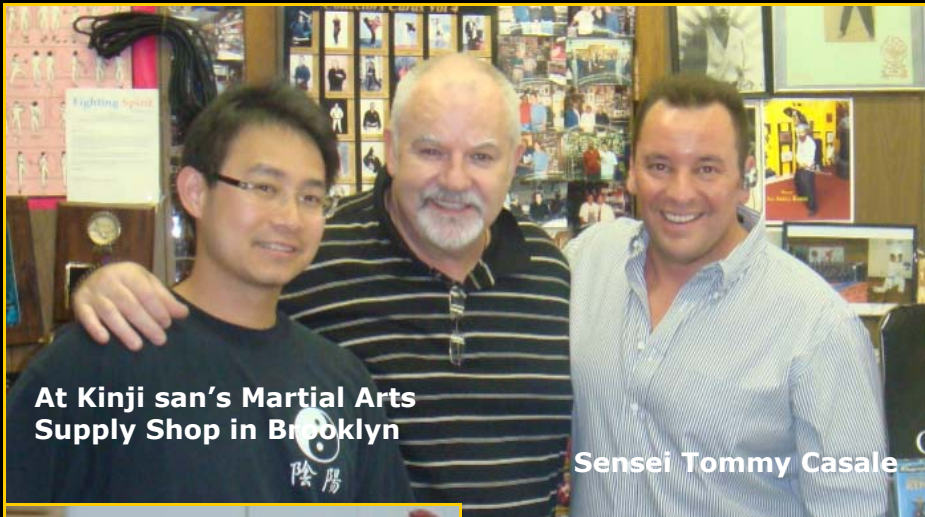
Nick DePaolo's dojo



Verella Dougherty  
Ft. Myers



Brooklyn seminar with Tommy Casale



At Kinji san's Martial Arts Supply Shop in Brooklyn

Sensei Tommy Casale



Ryu Sui Saki Fu Kiso Wasu

流水先石競

"Water flowing competes with nothing before it."



Hanshi McCarthy doing an interview for the NYC cable program, "Spotlight."



# KU Gasshuku

New Jersey

A moment of spiritual reflection with Archbishop Vincent McCall



Aiki Kenpo Jujutsu - Swordsmanship participants





New Jersey Open seminar



Dudley Driscoll

Darrin Johnson

Hanshi McCarthy

Richard Ouellette

Paul Lopresti

Cody Stewart

Helen Sakamoto

Brian Sakamoto



KU Yudansha Lucy McCartan



KU participants



Sweden's Peter Heibrandt working with John Holwager of Colorado



Brandon Fleming Working with Leo Acre Jr.



Cody Stewart lending a helping hand



Morgan Duchesney working with Tom Peperone



Darrin Johnson explains the finer points of KU with Jessica Walsh and Kai Kleintz



Paul Allan working with John Ingallina



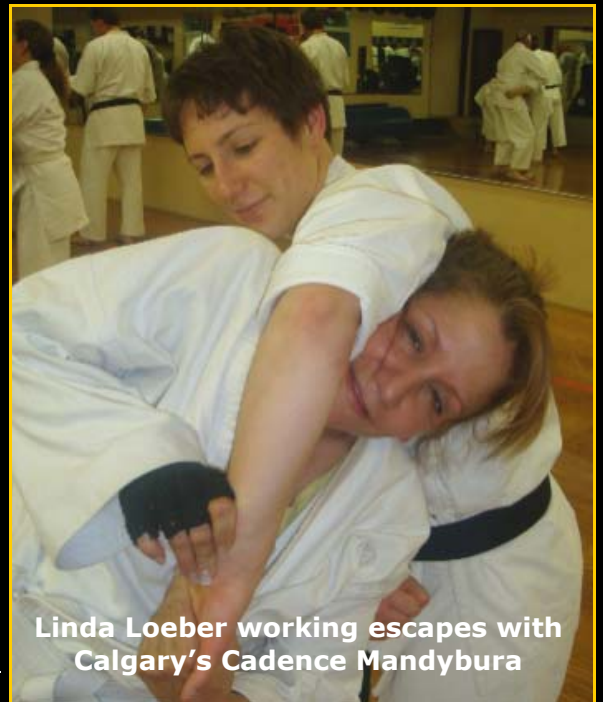
The impeccable technique of Brian & Helen Sakamoto



Brian Fitzpatrick working with Carsten Haustein



David Loeb and Pierre Glynn work diligently together



Linda Loeber working escapes with Calgary's Cadence Mandybura



Dr. Andrew Bell working gyaku-waza with Tom Fusco



Sean Smith enjoying *tachi-geri futari-geiko* with Carsten Haustein



Germany's Matze Hausmann with Belgium's Freddy Laseure working kaishu-waza at the European KU gasshuku



Virginia [Gin] Chan and Michelle Lok ...  
What's not to enjoy?



Sweden's Aiki Kenpo ShidoIn, Peter Heibrandt, working ne-wza

# Kong Kong



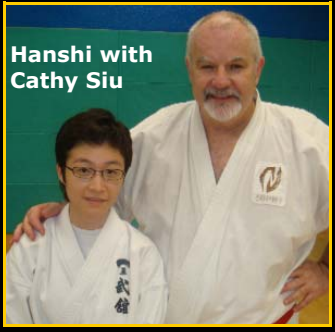
Sensei Sunny So

Sensei Boon Lee

Cathy Siu



Over-stimulating the hypoglossal nerve by digging into the cavity of the jaw and pressing it against the mandible



Hanshi with Cathy Siu



Hanshi with So Chi Kong [Sunny So]



Overlooking Hong Kong's Causeway Bay



合気拳法柔術  
第 〇〇 号  
合気拳法柔術 4 段  
Peter Hills  
合気拳法  
右 柔術 國際  
研究會 印  
2008 年 7 月 吉日  
合気拳法柔術協會  
師範パトリック・ヒルズ

**Congratulations to Sensei Peter Hills of the Koryukan who just received his 4th Dan in Aiki Kenpo Jujutsu**

Congratulations to IRKRS Colorado representative, John Holwager, who just received his KU Shidoin licence from Hanshi McCarthy



Congratulations to IRKRS Yudansha, Sven Koehler, who received his KU Shodan from Hanshi McCarthy after his evaluation in Hassloch, Germany.



Congratulations to Shotokan Yudansha, Seamus Brady and Fergal McKenna, of Monaghan, who both received sandan during Hanshi's visit to Ireland

Congratulations to IRKRS Yudansha and NUI Galway Instructor, Diarmuid Verrier, who received his Ni-Dan from Hanshi McCarthy after his evaluation in Galway, Ireland.



Reserved only for KU Shidoïn, Belgium's Nico Goigne receives his Haori-like jacket from Hanshi McCarthy in front of Jan Kraayvanger at the Veldhoven Koryukan during the 2008 European KU Gasshuku... congratulations Nico Sensei



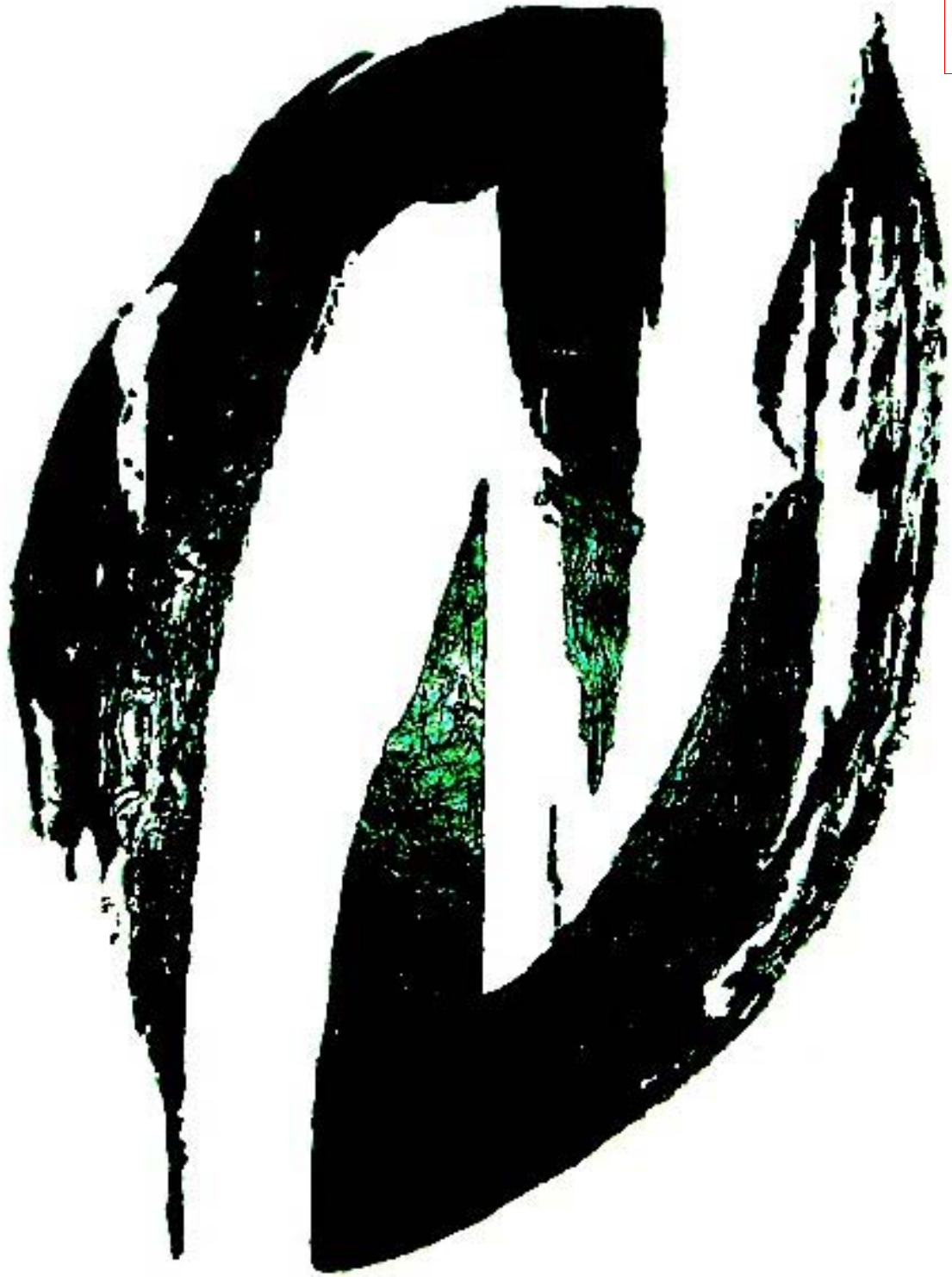
Hanshi McCarthy presents Jan Kraayvanger the dojo charter making the Veldhoven Koryukan the official honbu dojo for Koryu Uchinadi Kenpo-jutsu and Aiki Kenpo Jujutsu for the Benelux District



Translator, Joe Swift



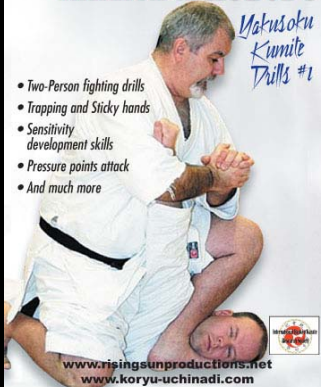
古流中繩子



會際手琉  
會研術球  
會研術球

PATRICK MCCARTHY  
**SECRETS OF OKINAWAN  
KARATE & KOBUDO**

*Makusoku  
Kumite  
Drills #1*



- Two-Person fighting drills
- Trapping and Sticky hands
- Sensitivity development skills
- Pressure points attack
- And much more

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*Aragaki Seisan #2*

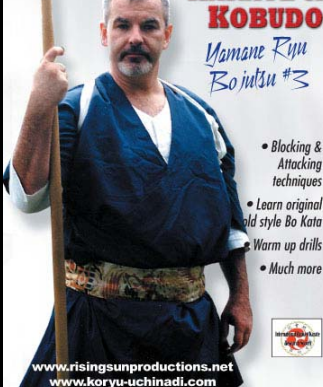


- Detailed Kata techniques
- Kata's Historical overview
- Bunkai and other applications
- Much more

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*Namane Ryu  
Bojutsu #3*

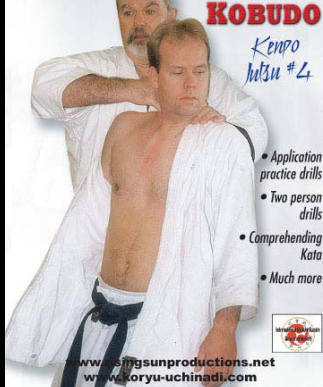


- Blocking & Attacking techniques
- Learn original old style Bo Kata
- Warm up drills
- Much more

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*Kenpo  
Jutsu #4*

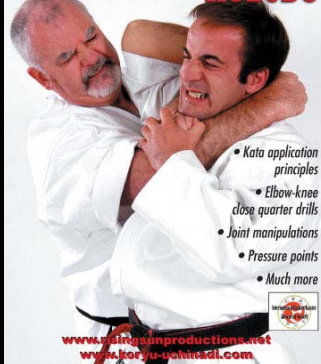


- Application practice drills
- Two person drills
- Comprehending Kata
- Much more

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KARATE & KOBUDO**

*Kata Bunkai Part I*

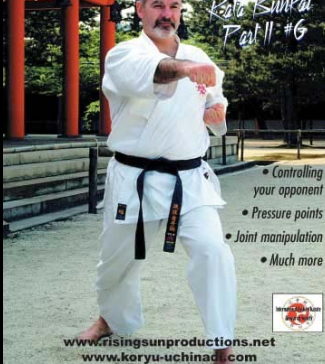


- Kata application principles
- Elbow-knee close quarter drills
- Joint manipulations
- Pressure points
- Much more

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*Kata Bunkai Part II #6*

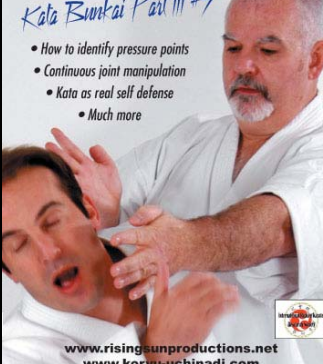


- Controlling your opponent
- Pressure points
- Joint manipulation
- Much more

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**SECRETS OF OKINAWAN  
KARATE & KOBUDO**

*Kata Bunkai Part III #7*

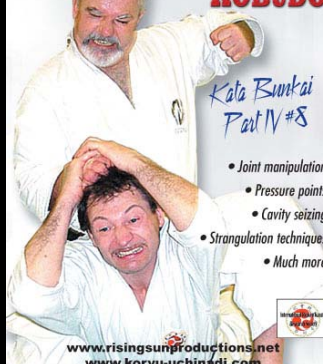


- How to identify pressure points
- Continuous joint manipulation
- Kata as real self defense
- Much more

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KARATE & KOBUDO**

*Kata Bunkai Part IV #8*

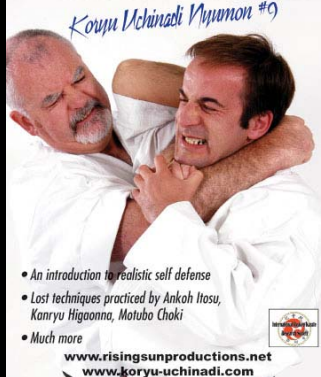


- Joint manipulation
- Pressure points
- Cavity seizing
- Strangulation techniques
- Much more

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**SECRETS OF OKINAWAN  
KARATE & KOBUDO**

*Koryu Uchinadi Nyumon #9*

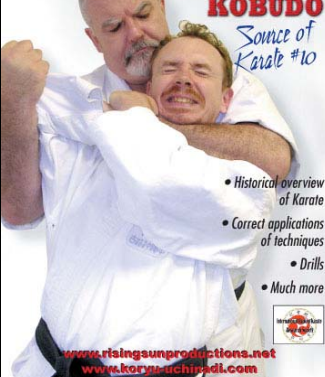


- An introduction to realistic self defense
- Lost techniques practiced by Ankoh Itosu, Kanryu Higoanna, Motubo Choki
- Much more

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PATRICK MCCARTHY  
**SECRETS OF OKINAWAN  
KARATE & KOBUDO**

*Source of  
Karate #10*



- Historical overview of Karate
- Correct applications of techniques
- Drills
- Much more

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**SECRETS OF OKINAWAN  
KARATE & KOBUDO**

*Kansetsu Tuite Waza #11*

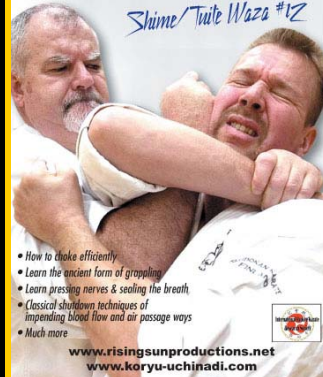


- Joint manipulation
- Bone displacement
- Seizing connective tissue
- Attacking body cavities
- Much more

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PATRICK MCCARTHY  
**SECRETS OF OKINAWAN  
KARATE & KOBUDO**

*Shime/Tuite Waza #12*

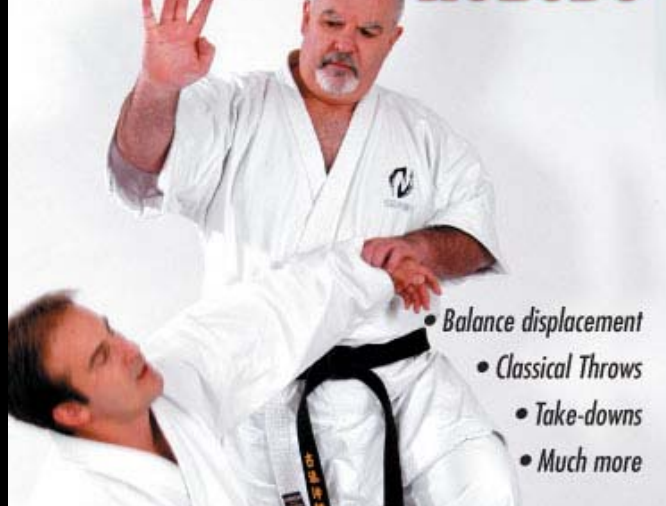


- How to apply efficiently
- Learn the ancient form of grappling
- Learn pressing nerves & sealing the breath
- Classical shutdown techniques of impending blood flow and air passage ways
- Much more

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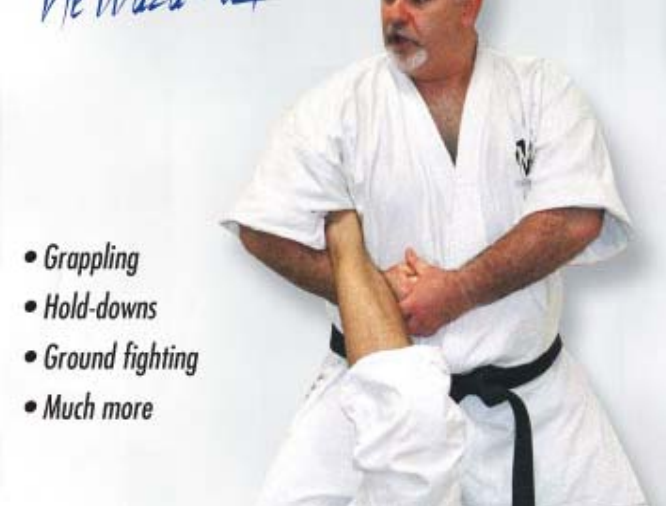
*Nage Waza #13*



- Balance displacement
- Classical Throws
- Take-downs
- Much more

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*Ne Waza #14*



- Grappling
- Hold-downs
- Ground fighting
- Much more